

Menu



4  stars by **Elmer Dills**
ZAGAT Rated

EVERYTHING IS HOMEMADE!!!

- No Trans Fats
- No MSG
- No preservatives
- No tenderizers
- We use only highest quality produce and meat!

We do not charge a corkage fee

Customized catering

Free delivery 3 miles on all orders over \$25.00

10509 West Pico Blvd.

Los Angeles CA 90064

Tel : 310.475.7564 fax: 310.475.6115

Hours:

Monday thru Saturday 11:30 - 9:00

GET 10% OFF when you place your pick up order
through our website!

www.TheMainCourse.US

Entrees

Regular Classic Caesar Salad,
Garden Salad or Bowl of Soup
Only \$2.50 with purchase of any Entrée

Italian Vegetable Lasagna and Dinner Salad	\$12.95
Lasagna noodles, broccoli, Italian squash, carrots, tomatoes, spinach, assorted cheeses and ricotta, served with a dinner salad	
Italian Turkey Lasagna and Dinner Salad	\$12.95
Lasagna noodles, ground turkey, broccoli, Italian squash, carrots, tomatoes, spinach, assorted cheeses and ricotta, served with a dinner salad	
Turkey Pot Pie and Dinner Salad	\$13.95
With fresh, homemade roast turkey and vegetables in a turkey broth. Served with a dinner salad.	
Chicken Pot Pie and Dinner Salad	\$13.95
With fresh, roasted chicken and vegetables in a creamy sauce. Served with a dinner salad.	
Roasted Chicken	\$13.95
One half of a roasted chicken served with real mashed potatoes, carrots and broccoli	
Salisbury Steaks	\$13.95
Two large steaks made from lean ground turkey cooked in a corn and mushroom sauce, served with real mashed potatoes, carrots and broccoli	
Ukrainian Stuffed Cabbage	\$13.95
Two large steamed cabbage leaves stuffed with pure ground turkey, baked in a sweet and sour sauce, served with real mashed potatoes, broccoli and carrots	
Romanian Stuffed Eggplant	\$13.95
With lean ground turkey and baked in a tomato and basil sauce served with real mashed potatoes, broccoli and carrots	
Bulgarian Stuffed Bell pepper	\$13.95
With lean ground turkey and baked in tomato and basil sauce served with real mashed potatoes, broccoli and carrots	
Danish Turkey Meatloaf Dinner	\$13.95
Two large cuts of lean ground turkey baked with fresh herbs and seasonings served with real mashed potatoes, broccoli and carrots	
Hungarian Chicken Paprikash	\$13.95
Taste you'll never forget! Hungarian dish of, boneless, skinless chunks of chicken cooked in a mild paprika and garlic sauce, served with your choice of potatoes, broccoli and carrots or with noodles	

Hungarian Beef Goulash	\$15.95
Boneless, tender chunks of beef, marinated and cooked with fresh paprika, garlic, herbs, and seasonings, served with your choice of mashed potatoes, broccoli and carrots or with noodles	
Grilled Breast of Chicken	\$13.95
Large, juicy, grilled chicken breast served with real mashed potatoes, broccoli, and carrots	
American Fresh Roast Turkey Dinner	\$14.95
Thanksgiving dinner every day! Delicious, fresh, home roast turkey with real bread stuffing, served with real mashed potatoes, broccoli, carrots, rich gravy and cranberry sauce	
Brisket of Beef	\$15.95
Tender slices of beef cooked with fresh onions, mushrooms, and bell peppers ,served with real mashed potatoes, broccoli, and carrots	
Bavarian Lamb Shank	\$15.95
Large lamb shank cooked in our special sauce and served with real mashed potatoes, broccoli and carrots	
Chicken Milanese	\$15.95
Breaded and sautéed breast of chicken served on a bed of noodles with sun-dried tomatoes and a mushroom and caper in a cream sauce	
Salmon Caprice Dinner	\$16.95
Fresh filet of salmon sautéed in a slightly sweet tomato sauce, served with real mashed potatoes, broccoli and carrots	
Garlic Shrimp	\$16.95
Fresh sautéed shrimp served on a bed of linguini with a garlic cream or tomato cream sauce	
Spicy Shrimp	\$16.95
Fresh sautéed shrimp served on a bed of linguini in a spicy tomato cream sauce	
Shrimp Scampi	\$16.95
Fresh sautéed shrimp served on a bed of linguini with a garlic cream sauce	
Pasta	\$9.95
Your choice of fettuccini or linguini served with homemade marinara tomato sauce or white mushroom sauce	
- with turkey meat balls	\$13.95
- with grilled chicken breast	\$13.95
- with spicy chicken and fresh herbs	\$13.95

Lunch

These specials are available:
11:30AM - 4:00PM

Lunch Special Combos \$8.95
Pick TWO items to make a combination
- Medium Soup
- Medium Sandwich
- 1/2 Garden or Caesar's Salad

- Medium Greek Salad or
Goat Cheese Salad: add \$.95

Sandwiches

All LARGE sandwiches are served with our
homemade coleslaw or garden salad

	Medium	Large
Turkey Salad Sandwich With mustard, mayonnaise, crispy iceberg lettuce and ripe Roma tomatoes	\$6.65	\$9.65
Tuna Salad Sandwich With mustard, mayonnaise, crispy iceberg lettuce and ripe Roma tomatoes	\$6.65	\$9.65
Turkey Meat Loaf Sandwich With mustard, mayonnaise, crispy iceberg lettuce and ripe Roma tomatoes	\$6.65	\$9.65
Fresh Home Roasted Turkey Breast Hand carved slices of 100% pure turkey breast cooked fresh daily with mustard mayonnaise, crispy iceberg lettuce and Roma tomatoes	\$6.65	\$9.65
Vegetarian Sandwich With goat cheese, marinated eggplant, iceberg lettuce, Roma tomatoes and pesto		\$9.95
California BLT Fresh, made- to- order bacon with mayonnaise, avocado, crispy iceberg lettuce and Roma tomatoes		\$9.65
Freshly Grilled Chicken Breast Large, juicy, made- to- order chicken breast with mustard, mayonnaise, crispy iceberg lettuce and Roma tomatoes		\$9.65

Homemade Soups

Please ask about our Soups of the Day:
Turkey Rice | Minestrone | Split Pea | Chicken Noodle
Regular Bowl \$3.95 | Large Bowl \$4.95

Salads

All salads are served with the dressing on the side

Garden Salad	\$6.95
With baby mixed field greens, cucumbers, red onion , tomatoes and house dressing	
Classic Caesar Salad	\$6.95
With romaine lettuce, Romano crusted croutons, tomatoes , Parmesan cheese, and Caesar dressing	
Greek Salad	\$10.50
With romaine and iceberg lettuce, cucumbers, tomatoes, bell peppers, red onion, olives, feta cheese and house dressing	
Goat Cheese Salad	\$10.50
With baby field mixed greens, radicchio, goat cheese, diced Roma tomatoes and homemade balsamic vinaigrette dressing	
Young Baby Field Greens	\$10.50
With baby field mixed greens, radicchio, candied pecans, Gorgonzola cheese, diced Roma tomatoes and homemade balsamic vinaigrette dressing	
Young Spinach Salad	\$10.50
Baby spinach leaves, radicchio, Gorgonzola cheese, caramelized pecans, Granny Smith apples and our homemade balsamic vinaigrette dressing	
Turkey Salad Salad	\$10.95
Homemade, fresh turkey salad, served on top of a garden salad with homemade balsamic vinaigrette dressing	
Turkey Breast Salad	\$10.95
Garden salad topped with freshly roasted turkey breast homemade balsamic vinaigrette dressing	
Chicken Breast Salad	\$13.95
Garden salad topped with a large juicy grilled chicken breast and homemade balsamic vinaigrette dressing	
Chicken Caesar Salad	\$13.95
Classic Caesar salad topped with a large, juicy, grilled chicken breast Caesar dressing	
Chinese Chicken Salad	\$13.95
Chopped and, marinated chicken with sliced almonds, roasted sesame seeds, and wonton noodles served with romaine and iceberg lettuce and our homemade Chinese dressing	
Barbecue Chicken Chop	\$13.95
Barbecued chicken breast cooked to order with romaine and iceberg lettuce, cucumbers, Roma tomatoes, red onion, avocado and our homemade balsamic vinaigrette on the side.	

Cobb Salad	\$13.95
Chopped romaine and iceberg lettuce, fresh home roasted turkey breast, crispy bacon, crumbled hard boiled eggs, tomatoes cucumbers, avocados, Gorgonzola cheese, and Ranch dressing	
Basil- roasted Chicken Salad	\$13.95
With oranges, avocado, Gorgonzola cheese, roasted pecans, tomatoes, baby spinach , radicchio and our balsamic vinaigrette dressing	
Salmon Salad	\$14.95
Salmon Caprice filet on top of baby mixed field greens, cucumbers, red onion, tomatoes and balsamic vinaigrette dressing	

Side Orders

Prices are listed per scoop

Real Mashed Potatoes with Homemade Gravy	\$2.50
Coleslaw	\$2.50
Turkey Salad	\$3.95
Tuna Salad	\$4.95
Side of Vegetables	\$2.50
Carrots	\$2.50
Broccoli	\$2.50

Homemade Desserts

Chocolate Chip Cookie	\$1.50
Carrot Cake	\$5.50
Apple Pie	
-With blueberry	\$5.50
-With cherry	\$5.50
-With peach	\$5.50
Whole Pie or Cake	\$30.00

Beverages

No refills

Gourmet Tea	\$2.00
Gourmet Coffee	\$2.50
Espresso	\$2.50
Double Espresso	\$4.50
Soft Drinks	\$1.50
Iced Tea	\$1.50
Arnold Palmer (1/2 tea, 1/2 lemonade)	\$2.50
Fresh Squeezed Lemonade	\$2.50
Martinelli's Apple Juice	\$2.00
Bottled Water	\$1.50
Ocean Spray Cranberry Juice	\$2.00
Pellegrino	\$3.00

Fresh Frozen Entrees

To Go

Turkey Pot Pie	\$6.95
Chicken Pot Pie	\$7.95
Vegetable Lasagna	\$6.95
Turkey Lasagna	\$6.95
Stuffed Eggplant	\$7.95
Stuffed Cabbage	\$7.95
Chicken Paprikash	\$7.95
Turkey Meatloaf	\$7.95
SPECIAL ORDERS AVAILABLE	

